

SPIRITUAL PSYCHOLOGY AND MENTAL ARCHAEOLOGY

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Abstract: The special literature during these recent years speaks more of a structure of the human being, of a universal language, the "language of light", tree of the psychological human being, exoteric psychology and special archaeology. We are trying to replace the idea of a spiritual psychology and spiritual archaeologists, in the hope that in this way we will be able to discern with satisfaction not only the constitution of the human being, about which we have spoken, but also about the mysterious source of thinking, that can't be found elsewhere than in the subtractive sub-quantum, abysmal of the human being

Our hope is that, someday, science will bend thoroughly on the researches of the abyssal being, on the altered states of consciousness and on the individual energy fields and their anthological interaction.

Keywords: spiritual psychology, the language of light, psychological tree, psychic archeology, divine logic.

Without realizing, we are tempted to believe that our thoughts belong to the three-dimensional sphere. But the problem that concerns us is that they are generated and, most of all, which is their origin. Which is the source of the human thoughts?

Most of the researchers accept the idea that the thoughts are the result of the neuro-psycho-chemical activity, specific for the human brain. We all agree with the syntagma: the brain is a hipercomplex organ, as its structure, which is detached from the other organs of the physical body. It is formed by neuronic cells, capable of communication. Each of the approximately one hundred million neurons have the power of connection of ten raised to the power of twenty-eight. The ensemble of the nervous centers forms the so called encephalon, which contains the actual brain, the cerebellum, the brainstem, consisting of the bulb, the thalamus and hypothalamus, also the reticular system arranged along the brainstem.

The bioelectric and biochemical specific and complex activity of the human brain is the result of the communication between the neurons, each of them being able to connect directly with at least ten thousand neurons.

Hodgkin and Huxley have demonstrated to us that the brain is an organ that works electrically, but they didn't tell us more: that the neuron is formed by a –soma- body and extensions, which goes from the soma to the periphery –axons- or from the periphery to the soma-dendrite and that these extensions are browsed by bioelectrical inflows, which provide the communications; that the transition from one nervous unflux to another is accomplished by synapses, which are exchange points between the neurons, but that's all.

The biochemical substrate of the sympathetic communications or the fact that the nervous influx reached to the end of a nervous fiber, triggers at their level the release of an amount of chemical substance, that will excite the next neuron, does not solve the problem about the thought's genesis. Neither the fact that the synapses, as exchanges between neurons,

are possible due to some chemical mediators, synthesized by the neurons, such as acetylcholine, adrenaline, nonadrenaline, dopamine, serotonin, amino butyric acid, glycine, histamine, do not exceed the description bound¹.

Not even the discoveries of Jaqueline Renaud or those of Le Doux J.E² or Antonio Damasino ones³ do not talk about a possible source of thinking, generated only by neuronal synapses, the more about a potential spring of thinking. For example, J. Renaud talks about the effect of the positive stress (eustress) or negative (distress) to which we are submissive and which can speed up or slow down the aging of the brain neurons. So, when an individual is kept under a distress, a negative stress, the command center of our brain, the hypothalamus, works on the pituitary gland which releases an adrenocorticotrophic hormone (harmful ACTH) and which also stimulates at the end the adrenals, which release corticosteroid hormones, especially cortisol, capable to put the body in a state of defense against the aggressive factors. The corticosteroids reach the cortex through the bloodstream and attacks the brain neurons, overwhelming them.

This is the scientific explanation accepted by unanimity. The esoteric psychology tells us something else. It talks about the energy structure of the human being, about the existence of an universal language, the so called language of light, about the existence of a mental archeology which Socrate also had in mind when recommending to “Know yourself”.

In other words, if you don't know the constitution of your own being, not only that you will fail knowing the other, but any thought can be the result of a false reasoning, because you start the investigation from false premises.

This is the main reason which determines us to inoculate the idea of a spiritual psychology, of a spiritual archeology, starting from the mental one, the one that is indispensable to the effort of understanding the perfect interference and resonance of the structural elements of the being, on one hand, and of our thoughts, on the other hand. In this way it is justified the appeal to some specific concepts of quantum physics, not as an excuse that, theoretically, our hypothesis wouldn't be “scientific” but only because they are the only one which can explain the state remarked in our vision and demonstrated by the thinking and living shamanic researchers. Only with the help of these concepts we can explain the abysmal structure of the human being, the altered states of consciousness, the existence of the individual energetic fields and their ontological interaction.

We do not appeal anymore on the Indian psychology to substantiate and structure our ideas, but bring into discussion the researches of a contemporary, Patrick Drouot, which in a paper published by Humanitas, in 2003, *The shaman, the physicist and the mystic*, he talks about the existence of five plans of the human being : physical, etheric, astral, mental and causal, “the spiritual breath which animates the human being”⁴. The specific vibration of these plans, which we call sub-quantum, generates a certain resonance that personalizes each individual and the result of this resonance is the uniqueness of the individual as a being, which can be identified by the specific of his vibrations.

Patrick Drouot succeeded after his shamanic initiation, to make energetic lectures using the language of light, the quantic substrate of all languages, of all there plans of the human being. These lectures generated the conclusion of the existence of past lives, whose

¹ C. Stanciu, 2008, *Psihologia generală și psihologia dezvoltării*, Editura Tipo Radical, Drobeta-Turnu Severin, p. 23 și M. Golu, 1981, *Bazele neurofiziologice ale psihicului*, Editura Științifică, București.

² J.E. Le Doux, 1992, „In search of an emotional sistem in the brain: leaping from fear to emotion and consciouness”, in M.S. Gazzanig, (rd.) *The Cognitive Neurasciences*, MTT Press, Cambridge, Massachusetts, p.1049-1061.

³ A.R. Damasino, 1995, *Descartes Error, Emotion, Reason and the Human Brain*, Avon Books New York, pp. 83-114.

⁴ P. Drouot, 2003, *Șamanul, fizicianul și misticul*, Editura Humanitas, București, p. 246.

fingerprints are found included in those plans, including the etheric one, although this plan contains only information about the present life. All the other plans bear “layers of memory”, as the author says, which can be reactivated.

The research of the scientist generated some conclusions: ethereal, “the unconscious can regenerate and release the emotions that have been repressed for several months or even years”⁵(p.248), a fact that we also noticed after following several hypnotic trances; the astral level produces colorful dreams; the causal level corresponds with the total dream, whose message cannot be understood at this level of development of the terrestrial existence.

The basic conclusion is that the vibration stored in the subtle body causes unwanted reactions, which generates the idea that every human being possesses an energy field “which intertwines with the body”⁶. Patrick Drouot believes that this energy field underlies the general health structure, but also to the psychological structure. That is why we accepted the idea that “the etheric body includes de psychological tree of the human being”⁷.

This is how we explain the ability of some people to perceive directly through the spirit the frequency related to different events related by an individual, family or nation.

The energetic perception reveals an interactive resonance field, specific to every being. In other words, the difference between these sub-quantum plans is shown by the frequency of vibration. Therefore, in some of the modern cultural spaces they focus on the vibrational healing therapies for any disease and any organ of the physic body.

The same author has demonstrated that the ancient language, specific to the universal language, that of the light, can be found. This archetype of the light language makes possible any kind of healing and also the possibility of becoming ill by curse. Through the eyes of the physicist, Patrick Drouot demonstrates the validity of the ancient oriental traditions, which speak about the existence of seven layers of energy that vibrate on different levels of sub-quantum frequencies and which cohabitates in the same space without destroying mutually, this principle being well-known by the quantum physics.

The emotional and physiological disorders, because of the incontinence of thoughts or some negative thoughts, they disturb the vibration of the etheric body, causing the illness of a particular organ, basically, it generates energy disorder which disturbs the whole being. These energy disorders may have harmful effects on the psychological structure of the individual.

The most important conclusion we detach from Patrick Drouot’s researches is the fact that the primary breath of the skull (visible through the cerebrospinal fluid movemen) expresses “how a person is driven by the timeless semantic fields of the unconsciousness”⁸. It confirms the idea that all the phenomena that appear by mental, first occur at a etheric level, which demonstrates that by disrupting the etheric energy, it can have direct effects to the normal functioning of each organ.

What Socrate said, “Know yourself”, represents the truth about the necessity of discovering archaeological structures of the human being phyhic, accordingly with the idea of mental archeology.

The modern researches have revealed that the left hemisphere’s activity of the brain is linked to the ordinary consciousness which represents the memory. It is linked to the left brain lobe, which is rational and analytical. The right brain lobe seems to interfere with the unconsciousness. An intense mental activity which “swings”⁹ to the right hemisphere, enables

⁵ *Idem*, p. 248.

⁶ *Idem*, 249.

⁷ *Ibidem*.

⁸ P. Drouot, *op. cit.*, p. 258.

⁹ *Idem*, p. 259.

the possibility to enter in the informational reservoir of the unconsciousness. The deeper the penetration into the unconsciousness is, the deeper is the expansiveness of the consciousness.

Therefore, if the unconsciousness is linked to the etheric body, the penetration into the unconsciousness actually means the penetration into the sub-quantum etheric body where we find the past events memory. So, the depth of the etheric layer reveals the depth of the unconsciousness. If the consciousness is a feed-back expression of the memory, the oblivion belongs to the unconscious sphere and so reading the etheric body as the oriental masters did is actually a reading of the unconsciousness which makes possible the interpretation of the psychological structure of any individual.

The reading of the etheric body actually means decoding an energy field, after its specific vibration. By the 1990s, at a scientific congress from Council Grove, in Kansas, professor Tiller explains this energy field in relation with the thermodynamics systems of the non-equilibrium, as P.Drouot talks in his work, *Guérison spirituelle et immortalité*¹⁰.

Patrick Drouot concludes that this oblivion area fluctuates depending on the person's psychological structure and is an expression of the fact that the brain always works in a multiplied conditions: here and in the other dimension. This explains the fact that the therapeutic interventions from the etheric body become visible on the physical one. But the traces of the past lives cannot be found in the etheric body, but in the astral one. The author mentions that this body is formed of tachyon particles, as the etheric body, but it vibrates at a much higher frequency. This body cohabitates with the etheric, according to the well-known physics concept, where two different energies can coexist in the same space without destroying each other. In our situation, the two energies are complementary.

This subtle frequency level represents the area of the emotions and desires, as a convergent of the failures from previous lives. As we were saying, for the astral body, time does not exist. The hypnotic trances demonstrates that the penetration of the astral level of the being reveals a timeless-present dynamism. This means that everything happens now. It shows up as a halo of present facts, although some events took place in other lifetimes.

Some of the energy downloads from the astral level goes down into the etheric and generates some suffering that reveals some karmic problems, which P.Drouot calls "karmic trauma" or "memorial cysts"¹¹.

That's because certain events from the past lives have grafted some emotions which, passing from the oblivion sphere to the memory, and acts as a trauma which is nothing but an emotional energetic cloud that can neutralize, deactivate, so the remembering effect disappears from the etheric level and therefore the physical trauma also disappears¹².

It is remarkable that a physicist like Patrick Drouot concluded that the three bodies, physical, etheric and astral, are called incarnation bodies. The other two, mental and causal, belong to a superior consciousness field. The causal body is in connection with the essence of the world, with the reality of the essential causes, being concerned with creating and transmitting the ideal thinking.

The language used in a causal reading is no longer in a comprehensible analytical for the right cerebral hemisphere, so becomes metaphorical¹³. This language reveals the existence of great humanity archetypes and at this level of frequency, we understand at what type of planetary thinking current is an individual or another connected.

¹⁰ P. Drouot, 1993, *Guérison spirituelle et immortalité*, Éd. du Rocher, Monaco.

¹¹ P. Drouot, 2003, p. 263.

¹² A. Pera, 2006, *Morfologia și puterea gândirii, Limitele psihologiei*, Editura Didactică și Pedagogică, București, p. 247.

¹³ P. Drouot, 2003, p. 265.

This is the importance of knowing the human mental archeology, the language of the light and the spiritual psychology, being the only one able to explain the presence of the human in the world in this way.

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